



JOINT QUESTIONNAIRE

Today's Date _____ First Name _____ Last Name _____
Address _____ City _____ State _____ Zip _____ Primary Phone _____
Date of Birth _____ Age _____ Gender: Male Female
Height (feet/inches) _____ Weight (pounds) _____ I request a chaperone during today's visit: Yes No
Family Physician _____ Referring Physician _____

KNEE QUESTIONS

If you are having KNEE problems now or have had knee surgery in the past, please complete the questions below. If you have HIP problems, please skip this section and complete the reverse side.

Do you experience any knee pain when you are walking?

- 1—None / Ignore
- 2—Mild / Occasional / Intermittent
- 3—Mild / Stairs Only
- 4—Mild / Stairs and Level Walking
- 5—Moderate / Pain Comes and Goes
- 6—Moderate / Pain Each Day
- 7—Severe / Constant Disabling Pain

How do you go up and down stairs?

- 1—Normally (one foot on each step.)
- 2—Normally, but I require use of the rail when going down.
- 3—Normally, but I require use of the rail when going up.
- 4—I require use of the rail while going up and down.
- 5—I can go up the stairs by using the rail, but I am unable to go down.
- 6—I am unable to go up and down stairs.

What type of support do you need when walking?

- 1—I walk without any support.
- 2—I use one cane when I go on a long walk.
- 3—I use one cane most of the time.
- 4—I use one crutch.
- 5—I use two canes.
- 6—I use two crutches.
- 7—I use a walker.
- 8—I am unable to walk.

How far can you walk without stopping because of knee pain?

- 1—I can walk unlimited distances; roughly one mile or more.
- 2—I can walk more than ten blocks, but not more than one mile.
- 3—I can walk between five and ten blocks, but not more than one half mile.
- 4—I can walk less than five blocks.
- 5—I can walk only short distances within my home.
- 6—I am confined to a wheelchair or a bed.



HIP QUESTIONS

If you are having HIP problems now, or have had hip surgery in the past, please complete the questions below.

Which of these categories would best describe your hip pain?

- 1—None / ignore
- 2—Mild / occasional / no compromise in activity
- 3—Mild / no effect on ordinary activity / pain after unusual activity / use aspirin
- 4—Moderate / tolerable / make concessions / use occasional codeine
- 5—Marked / serious limitations
- 6—Totally disabled

Do you need support when walking?

- 1—I walk without any support.
- 2—I use one cane when I go on a long walk.
- 3—I use one cane most of the time.
- 4—I use one crutch.
- 5—I use two canes.
- 6—I use two crutches.
- 7—I use a walker.
- 8—I am unable to walk.

How far can you walk before your hip is significantly painful?

- 1—I can walk unlimited distances.
- 2—I can walk about six blocks.
- 3—I can walk between two and three blocks.
- 4—I can walk only short distances within my home.
- 5—I am confined to a chair or a bed.

How do you go up and down stairs?

- 1—Normally (one foot on each step.)
- 2—Normally, but I require use of the rail.
- 3—Any method (both feet on same step.)
- 4—I am unable to go up and down stairs.

How do you put on your shoes and socks?

- 1—With ease
- 2—With difficulty
- 3—Unable

How long can you sit in a chair?

- 1—Any chair / 1 hour
- 2—High chair / 1/2 hour
- 3—Unable to sit in any chair / 1/2 hour

How much do you limp while walking?

- 1—None
- 2—Slight
- 3—Moderate
- 4—Severe
- 5—Unable to walk

Are you able to use public transportation such as a bus if you wanted to?

- 1—Yes, I am able to use
- 2—No, I am unable to use

Patient Signature: _____ Date: _____

Provider Signature: _____ Date: _____